GERARDE'S
HERBAL
1597.

03671. N xv 16/a
H/n
655/1A
ASKHAM (Anthony)
A little herbal
1550

Bateman
of Middleton Hall
(by Youlgrave) in the
County of Derby

S.T.C. 856

(Case. 1) 21581

Very Important

Unrecorded by
Mrs Amherst

VICTORIA CONCORDIA CRESCIT

Soth
Dec. 4/08
135

"A litle Herball of the proper-
ties of Herbes, newly amended &
corrected, wyth certayn Additions
at the ende of the boke, declaring
what Herbes hath influence of
certain Sterres and constellations,
wherby maye be chosen the best and
most lucky tymes and dayes of
their miniſtracion, according
to the Moone beyng in the fygnes
of heauē the which is daily ap-
=poīted in the Almanacke made
and gathered in the yeare of our
Lorde God. M.D.L. the xii. daye
of February, by Anthony Askha
Phyſycyon."
NB. This title copied from 9 edition
printed by Jhon Kynge. page by page
as this book.

DE VIRTVTIBVS HERBARVM ET PRIMO DE LITTERA A.

Abrotonum.

THis herbe Abrotonum is called Sotherne wode. The vertue of this herbe is thus, that yf they breake the sede and drynke it with water, it healeth men that haue ben bytten with any venemous beast. Also thys herbe destroieth wormes in a mās wombe, also powder of this herbe medledde with barlye meale vnbyndethe and breaketh hatde postumes, also this herbe brent, and the asshes medeled with oyle, maketh heare growe soner,

ner, this herbe is hote and dry in the
seconde degree.

☞ Absinthium.

☞ This herbe is called Wormewoode. The vertue of this herbe is good to comforte the herte, and clenseth the stomake. Galyen sayth that this herbe hath two vertues, one is laxatyue, and the other is constypatyue. Therefore Galyen sayth that yf this herbe be gyuen to any euyll, of the whiche the matter is not fully defyed, it shall harde the stomake, and let the degestion. And yf the matter be ryped, it shall make a manne laxatyue, and easelye put awaye the mater. If this herbe be dronke with Spycknarde, it swageth the stomake and wombe that are infected of wycked windes. Also if this herbe be tempered with hony, it wyll ease the swellynge in a mannes mouthe. Also it doth awaye the blacke myste in a mans eyes, and cleareth the sight

and

and yf this herbe be pownd with the gall of a Bull and afterwarde put into a mans eyes, it putteth away all maner impedymentes of the syght.

¶ Acus mustela.

☞ This herbe Acus mustela is called Groundeselwelle, it is good for playsters.

¶ Affodyllus.

☞ This herbe is called affodyll, The vertue of this herbe is that the leues ben good to heale the dropsy, and the leues of the flowers be good to be drunke to heale venim of wycked bestes, also the iuce of this herbe and Wyne, and Saffron tempered togyther in whyte wyne and a sytel boyled ouer the fyer, and strayned thorough a clothe, is good to heale ronnyng eyes, also the rote of this herbe brent to powder, is good to heale sore eares and to restore the agayne, also take an hard cloth that

as roughe and wete it in the ioyce of this herbe, and rubbe the Morphew therwith syttyng agaynst the sonne, and it shal do away the Morphewe. Also ỹ roote hereof infused in Ale, or wyne, helpeth to vomite, this herbe is hote and dry in the seconde degre.

¶ Agnus castus.

☞ This herbe Agnus castus, that men doo call Tutesane or otherwyse Parke leaues, hath leaues somedel ted lyke vnto the leaues of Orage, and this herbe hath senowes on his leaues as hath Plantayne. and it hath yelowe flowers, and bearethe blacke beryes and it groweth in drye woodes, the vertue of this herbe is it wyll kepe men and women chaste. For as Diascorides sayth, this herbe is called Agnus castus for the knowledge and the vse of this herbe maketh men chast. And this herbe wyll open the poores of man and let out cupll humours, and spyrytes of his

bodye

body, this herbe destroyeth the moy-
sture of mans seede. Also the same
auctoure sayth that yf this be soden
with Fenel in Asell, it is good to de-
stroy the dropsye. Also yf this herbe
be soden with smallage, and Sage
in salte water, and afterwarde the
hynder parte of a mans head be wel
washed therewith it healeth it and
vnbyndeth an euyll that is called
Lytarge. Also this herbe destroyeth
the foule luste of Lecherye and it be
dronken, or yf it be borne about him
therfore sometyme they do eate it ro-
sted, because it shal kepe them chast,
for if this herbe be eaten rawe, it wyl
engender heade ache. This herbe is
good to defye the hardnes and stop-
pynge of the mylte. Also a playster
of this herbe is good to do away ache
of a mandes head that is engendred
of euyll humours. This herbe is
hoote and dry in the seconde degre.

¶ Agrimonia.

❧ This herbe Agrimonia men call it Egrymony but the right name of it is Eupatorium as sayth Diascorides, and Antonius Musa. The vertue of this herbe is thus, and it be eaten, the herbe and the roote grene, it healeth the akinge of the wombe. Also if this herbe be dryed and pownded to pouder, and dronke with water, it is good for the same euyll, also the sayde herbe tempered with Aysel is good to heale a wounde that is hurt with yron, also this herbe vsed in meates is good to hele the akyng of sores in the mylte, also this herbe in pouder decockt in whyte wyne openethe the stoppynge of the lyuer that commeth of flewme, also it is hoote in the fyrste degre, and dry in the seconde.

¶ Allium.

✝ This herbe Allium is called Garlicke, the vertue of this herbe is this

It

It wyll vnbynde all euyll wyndes within a mans body. And it helpeth a man to make water, but it noyeth a mans eyes, and because he is vapozatyue. Also it maketh a man to dzynke muche, and destropeth the syght, and it destropeth and healeth venim within a man. Also it healeth all colde soozes as it were tryacle. Also it heleth the scabbes, and mozphewes, oz bladders, in what maner place they be in a mans body, so that it be well froted therwith, this herbe is hote and dzy in the seconde degre.

☞ Altea.

☞ This herbe is called Holyhocke oz the wylde Mallowe, the vertue of this herbe is thus, take and stampe it and fry it with shepes talowe and make a playster and laye it to the Goute and it shal helpe hym within thze dayes by experyment all Auctours do saye and affyrme that this herbe soden with Vineger and Lin-

 sede,

sede, and a plaister made therof and layde to the syde of any person, it departeth and helpeth yll gatheringes that be engendred in a mans bodye, this herbe groweth in gardens and moyst places.

¶ Alleluia.

¶ This herbe Alleluia men call it Woodsoure or Stubworte, this herbe hath thre leaues the which be round a lytell departed aboue, and it hath a whyte flower, but it hath no longe stalkes, and it is Woodsoure, and it is lyke thre leued grasse, the vertue of this herbe is thus. If it be rosted in the asshes in reede Docke leaues or in reede Worte leaues, it freteth away dead flesshe of a wound this herbe groweth much in wodes.

¶ Amaricus.

¶ This herbe is called Dogge fenel, or Maythis, this herbe is much lyke to Camamyle, for it hathe a whyte flowre as Camamyle, but it

stinketh

stinketh, the vertue of this herbe is that yf the iuyce therof be dronke it helpeth the Canker, and the Pyles, and the Emeraudes, and there be two spyces thereof, the one hathe a whyte floure, and the other hath a yelowe floure, & it groweth in corne.

Cameos.

☞ This herbe Cameos hath leaues lyke vnto Eldren, but they be lesse and the seede is lyke persly sede, the vertue of this herbe is thus, if it be tempered with honye, it fleeth wormes that be in a mannes bodye, and it vnbyndeth the greate stoppynge of wyndes, and it breaketh the stone and it chafeth a mans stomake that is colde, it chafeth the lyuer and the raynes, and it healeth woundes and the bytynge of venemous beastes, this herbe is hoote and dry in the seconde degre.

☞ Anisum.

This herbe is called Anyse, the

vertue

vertue of this herbe is this, it vn-
bindeth the stoppynge of the lyuer,
and of euyll wyndes and of greate
humours that encloseth the mylte.
Also it steareth a man to make wa-
ter and to swete, also this herbe ma-
keth a mans wombe laxatyue yf it
be to harde, and the sede beyng par-
ched, or rosted in all maner medecy-
nes, than it wyll worke the rather,
this herbe is hoote and drye in the
seconde degree.

Anetum.

☞ This herbe Anetum that men
do call Anete other wyse Dyll, this
herbe hath leues lyke to Fenell, but
the sede is somdell brode as Orage
sede is, the vertue of this herbe is
thus. It wyll make a man pysse, al-
so it swagethe rumblynge in a man-
nes wombe, and wycked wyndes
in the wombe, also it dystropeth the
perynge, the sede of this herbe brent
and layde vpon a wounde it helethe
soone,

soone, & namely yf a man be scalded in his membres or on his yarde. strowe the powder theron & it shall hele, or what maner of euyll that ryssethe in a mannes yarde it shall be hole in the same maner. A playster made with the same powder & shepes talowe and blacke sope, is good for ỹ Emaraude, this herbe is hote and drye in the seconde degre.

¶ Anabula.

¶ This herbe Anabula menne call Spourge. This herbe causeth gret vompte, and great lasshe downewarde.

¶ Apium.

☞ This herbe Apium is an herbe that men do call Smalage or stammarche, the vertue of this herbe is this. It wyll make a man to pysse, and open the stoppyng of the lyuer, also the sede of this herbe hardeneth a mannes wombe, and it draweth euyll humoures of a mannes bodye

vnto

vnto the heed, & to the stomake and the wombe, and therfore it noyethe them that haue the fallynge euyll, and women that be with chylde, for whan it drawethe suche humoures to the wombe it engendrethe, that whych causeth pestylence, and therfore it is commaũded of leches that women that be with chylde, & they that kepe suckynge chyldren shulde nat eate nor drinke of this herbe, for drede of ẏ fallyng euyl, for it is hote & drye, and there be. ii. spyces therof, the ioyce is good for colde playsters tempered with flower, and for scaldyng, this herbe is hote in ẏ. i. degre

¶ Apium Emoroidarum.

This herbe is called Crowfote this herbe hathe leues departed as it were Rammes fete, this herbe hathe a longe stalke in the myddes, & groweth in watery places, and hath yelowe flowers.

¶ Api-

be dronken with hoote water, then it is medycynable, and curable for those menne that be stopped in the breast, and for the swellinge euyll, and for the gout, & for the crampe, this herbe is hoote and dry and it must be gathered in haruest and it is a spice of the reed Madder. Also this herbe is verye good for womennes deseases, and expelleth the dead chylde, and all other euyl humours that are inconuenient with in the matrye of a woman, yf it be dronke with mirre and Pepper.

Asterion.

¶ This herbe Asterion or Lunary growethe amonge stoones and in highe places, this herbe shyneth by nyght, & he bringeth forth Purple floures hole & rounde as a kockebell, or els lyke to Foxegloues, the leues of this herbe be rounde and blewe, and they haue the marke of the Moone in the myddes, as it

were thre leued grasse but the leaues thereof be more, and they be rounde as a peny, and the stalke of this herbe is reed, and this herbe semeth as it were muske, and the iuyce thereof is yelowe, and this groweth in the newe Moone with out leafe, and euery day spryngeth a newe leafe to the ende of fyftene dayes and after fyftene dayes, it looseth euerye daye a leafe as the Moone waneth, and it spryngeth and waneth as doth the Moone, & where that it groweth there groweth great quantite. The vertue of this herbe is thus, they that eat of the berys or of the herbe in wanyng of the Moone, whan he is in signo virginis, yf he haue the fallig euyll he shalbe hole therof, or if he beare this about his necke he shal be holpen withoute doute, and it hath many other good vertues.

Attri-

☞ Atriplex domesti.

☙ This herbe Atriplex domistica, men call it Orage, of the whiche are two kyndes, that is to say whit and redde, the vertue of eyther of them beynge boyled louseth the wombe, and they? seede beynge dronke with honye water healeth the kynges euyll.

¶ Auencia.

✝ This Auencia is called Auance the vertu of this herbe is thus, yf it be dried, and powder made therof with whyte wyne warmed or els luke warme water and gyue it to hym that haue the feuers, and it shall helpe hym muche and ease hym, also it healeth woundes and Cankers yf it be dronke.

☞ Auricula muris.

☙ This herbe is called mouseare The vertue of this herbe is, yf it be dronken it helpeth the Quinsie. also the ioyce is good to heale all maner of woundes.

Hic

HIC INCIPIT DE LITTERA. B.

Balsamita.

THis herbe Balsamita is called horse mynte or water mynte or broke mynte, and also this herbe dothe growe in watrye places, the vertue of this herbe is, to comforte a mans stomake and maketh a man wel to dye his meate. Also the ioyce and clarified hony, and red wyne boyled togither shal do away the cold from a mannes stomake and euyll wyndes within hym, also the ioyce or elles the powder of this herbe dronken with redde wyne hoote, it maketh women that be with child soone and easely to be deliuered of theyr childzen. This herbe is hote and drye in th eseconde degre.

☞ Betony men do call this herbe the vertue of this herbe is this, if it be stamped and than layde to a wounde in the heade that is smytten with a stroke, it shall heale the wounde fayre, and drawe out the broken bones if there be any as leches do saye. Also yf a mans eyes do ake, take the water or the iuyce thereof, and it shall amende them greatly. Take Betony and stampe hym and temper hym with water, or with wyne warmed and drynke it. x. dayes, and it shal destroy any webbe in the eyes of any person. Also if your eyes be watry eate euerye daye a lytell betonye, and it shal do the much good. Also if you haue a synge eares, take the iuyce therof and temper it with rose water and warme it a lytell and drop it in thy eares, and stop them with wolle, and thou shalte be hole. Also

yf thou do blede much at the nose, take and stampe Betony with salt and stoppe thy nose therewith and it wyll staunche. And if thou haue soze teeth, with Vineger, oz with Aysel let it seath wel tyl it be moze than halfe wasted, than as hote as thou mayst suffer it sup therof and hold it in thy mouth tyl it be cold, than spytte it out, and do this ofte and thou shalt be hole. Also foz the coughe take the toyce oz powder of Betonye and medyl it with honye, and make thereof a lectuarie, and vse it .ix. dayes and thou shalt be hole. And yf a manne may not holde his meate within hym take the same medecyne and gyue hym thze sponfull thereof with a sponefull of water. Also if a mans yarde be swollen oz that it be sooze, take Betony and stampe it with whyte wyne tempered and it shalbe hole. Also yf a man be goutye take Betony

tony and seath it wel in water and giue to him to drinke, and washe his fete therwith and lay the herbe about his feete on a clothe, and it wyl amende him muche. Also take and eate Betony or powder therof and you shall not be dronken that daye, al these medecines haue ben proued of this herbe. It is hoote and dry in the thyrde degre.

Beta.

¶ This herbe Beta is called Betes, and there be two sppces therof as Diascorides sayth, ỹ one is whit and the other blacke, the vertue of this herbe is this, if the ioyce therof be put in the noselrylles of a man it clenseth a mans head. Also swageth the akynge of the eyes of euery person, it clenseth the heade from nyttes, and from other vermine. Also it repayreth & mendeth a mans heare of his heade. Also this herbe destroyeth botches and

biles, also Diascorides saith if a mā vse ouer muche of this herbe that it nourysheth euyll humours in a mā, for it is hote in the first degre.

☞ Borrago.

¶ Borago is a common herbe, the vertue of it is thus. It wyll clense the red colour of a man. Also this herbe is good to destroy the Cardyacle, and the Postumes that be gathered of the blacke coloze. Also the water dronke with wyne, maketh a man gladde and merye, this herbe is hote and moist in the first degre.

☞ Borago siluestris.

¶ This herbe Borago siluestris is lyke to comen Borage, but the leues be some what smaller, and it groweth in feeldes and in wayes, the roote of this herbe beynge soden in water and dronke is good for the feuer quartayne.

Bugla

☞ Bugla.

☞ This herbe Bugla is called Brounwort, this herbe hath leues like a browne colour with a blewe floure and somwhat boistous, the vertu of this herbe is thus. It wil hele woundes in a mans head, and if this herbe be dronken it healeth and draweth the bones out that be broken in a mans head, this herbe breketh and destroyeth the rewme and the akynge of the heade, this herbe groweth in woodes muche, and it is hoote and dry in the seconde degre.

☞ Burneta.

¶ This herbe Burneta, is called Burnet this herbe hath blewe flowres as hathe Hayhouc and smalle ragged leaues lyke Tansye leues the vertu of this herbe is thus. It wyll destrope the great humours and laratyue within a man. Also it openethe the stoppynge within a

mans lyuer, and make a manne to pysse wel. Also it maketh one to auoyde the yelowe eupl. Also a poz-tion of this herbe medled with hony and whyte wyne, helpeth and vnbyndeth soze stytches of the ribbes, and in the tetes, there be two spices thereof, the one groweth on hylles and the other in medowes.

☞ Bursa pastoris.

¶ This herbe Bursa pastoris, is called shepardes purs, this herbe hath a smal stalke, and ful of bzaū ches and ragged leaues & a whyte floure, the coddes thereof be lyke a purse, the vertue of this herbe is thus dzike it with redde wyne oz with mylke and it wyll staunche the blodye me-nison, it is colde and dzye.

HIC INCIPIT LITTERA. C.

☞ Camomilla.

THIS herbe is called Camompl the vertue of this herbe is thus yf it be dzunke with wine it wyl bzeke the stone, and destroyeth the yelowe euyl. It helpeth the akinge and the desease of the liuer, if it be strained it helpeth and swageth the sozes in a mannes mouth, it is good foz aking in a mans heade, and foz the megrim, this herbe is hote & dzye.

☞ Calamentum.

✠ This herbe is called Calamint the vertue of this herbe is thus, it destroyeth a mans talent, as Ypocras saith, there be thze spices therof, one that is stony, an other that is of the earth, and the thyzd of the water

water, and al they be hote and dry, it that is watrye maketh a manne moyste, it that is stonye maketh a man hole if he drinke it. if he haue dronke any venemous drinke, this herbe made in a playster and laide to a venemous wounde it draweth out venim sone. Also whoso drynketh this herbe thre dayes it shall helpe hym of the pelowe euyl. The other is earthly it is helpynge for lepery, the ioyce of this herbe and it be put in the eares of a manne it wyll slee wormes in a mans heade, and comforteth the stomake, and helpeth to defye it, and it withdraweth casting.

¶ Capillus veneris.

¶ This herbe is called Mayden heare or waterworte. This herbe hath leaues lyke vnto Ferne, but the leaues be smaller, and it groweth on walles, and stones and in the middes of the lefe is as it were

blacke

blacke hear, the vertu of this herbe is this, it wyl breake the stone and it be drunke with wyne, it destroyeth venym and it is hote and dry.

❧ Canabaria.

❧ This herbe is called wyld hepe or holy rop, it is lyke vnto hempe his vertue is if a man haue the feuer, frete wel his poulce therewith and he shalbe hole, and it groweth in watry places

¶ Capitolium.

¶ This herbe is called Woodbynde, and it hath a whyte flower, the vertue of this herbe is good to heale Cankered woundes, bladers and aking teath, and soores in the toots of a man. Also it is good for the swelling in a mans bodye that is venimed, this herbe is hote and drye.

¶ Cardiaca.

❧ This is named Cardiacle, it hath leaues lyke to blinde nettels and it hath

hath lytel coddes w̄ sedes, his vertue is good for the falling euyl.

☞ Camelon.

☞ This is called a Woluysshe thystell or a wylde thystell. He hath whyte leaues great and brode and a redde floure, it groweth by waies the vertue of this herbe is, if thou take this herbe whan the Sonne is in Caprycorne, and the Moone be newe, whyle thou berest it about the, there shal no mischefe the befal

¶ Carui.

✻ This herbe is called Caruy this herbe hath leues somwhat lyke to Fenell with a longe stalke and a rounde seede more than parsly sede. The vertue of this herbe is to destroy euyl windes and the coughe, and it is good for the Frensie, and for bytynge of venemous beastes. Also this herbe medled with allum is good for Scabbes and Teters. Also it restoreth heare there as it is

fallen

fallen awaye, this herbe groweth in moyst places.

¶ Centaurea maior

¶ This is named the more Centory or earth gal, his floures be ye lowe in the croppe, his vertue is if it be sodden in good wyne, it wyll heale the syckenesse in the lyuer, it drayweth out euyll humours in the mylte, this hath ben proued, and it be soden in water, it is good to hele a wounde, if there be a Canker and be anointed therwith it wyll make it hole, this herbe is hote and drye.

¶ Centaurea minor.

☞ This herbe is the lesse Centorye, it hathe thre braunches comming out of a rounde stalke with a Purple floure at the top, His vertu is this, the powder or ioyce ther of is good for bitinge of an adder, or any venemous beast, if it be drũken with wyne, and the ioyce is good to anoynt sores therewith yt

ye

ye haue any venym with in you, powne it small and temper it with Aysell and drynke it, and you shall cast out all the vent in within you.

¶ Celidonia.

¶ This herbe is called Celidon or Teterwort his vertue is as Poliminus saith, yf the byrdes of the swalowe be blynde, the damme of the byrdes fetchethe of this herbe and healeth theyr eyes therwith, it is good for the Canker in a mans mouth, it is good for the toth ache and to clense a mans heade, this herbe is hote and dry in the seconde degre.

¶ Centinodia.

¶ This herbe is called Knotgras the vertue of this herbe is to breke the stone, and it is hote and dry.

☞ Ceye.

☞ Is named an Onyon, his vertue is to comfort a mans stomake it purgeth sowewat the flewme, it

nesheth

nesseth somwhat the wombe. Also and it be stamped and tempered wt honye and Aysell, it is good for the biting of a madde dogge. Also the ioyce tẽpered with womans mylke is good to heale the akyng of ears Also the ioyce tempered with any lycoure is good to drynke for any man that hath lost his speche. Also the ioyce put in the nosthrilles breketh out the euyll rewme and the stopping of a mans heade.

✲ Cerifolium.

Cerifolium is called Cerfotle or Cheruile, the vertue of this herbe is, and it be dronken with wyne it shall make a man to pysse wel, and it deliuereth a man of ỹ ache in the raynes, and in the bladder, and it be dronke with wyne, it letteth out and vnbyndeth the euyll wyndes and vnstoppethe the wombe, and the lyuer of all maner wodnesse. This herbe witholdeth castynge.

Also a playster made wt this herbe tempered with Aysell destroyeth wylde fire and heleth the Canker, and all other woundes, this herbe is one of the Smalacyes and it is hote and drye.

Cominum.

¶ This is called Comin, the leaues therof be much lyke vnto Colyandre, it hathe many braunches comynge out of one stalke, it is stronge of sauour, his vertue is to destroy euyll wyndes, and other euylles in a mans stomake, it helpeth to make water, it is hote and drye.

Cicuta.

¶ This herbe is called Hemlocke or herbe Benet, the vertue of this herbe is thus, the iuyce of thys herbe kepeth maydens teres small. Also this herbe oft drunken kepeth and destroyeth the great appetite of lechery. Also the iuice tempered with

Swines

Swines grece, destroyeth the hote Goute, and swageth the great swel linge, for it is hote and dyre.

¶ Consolida maior.

✣ This is named Confery, it hath leaues lyke to Horschelme but they be not so whyte, there be two spy-ces therof. One with a whyt flouer the other with a red. His vertue is yf a man be borson or broken with-in, take the rotes of this herbe and roste them in the Ashes and let the licke eate therof fastinge .iii. daies and he shalbe hole, Also it helpeth to gather broken bones, it is colde and dyre, and it bereth blacke sede. Also it stoppeth al maner of fluxes of bloude, and specyally for them that hath a veyne broken in the breast and vomiteth bloude, yf the iopce therof be dronke with redde wyne and a lytel masticke.

☞ Consolida media.

¶ This herbe is called Maythin

this herbe hath longe leues and a lytel endented and a whyte floure, and the floure is somewhat lyke to the Daysie and the vertue thereof is lyke the other Consolida.

❧ Consolida minor.

☞ This is called Daysie or Brus worte, his vertue is, yf it be stamped and layde to a Botche, it shall heale it and breke it, for it is a spice of the Comferie.

¶ Columbina.

☞ This is named Columbin, his vertue is good for hym that hathe the Quinsie. This herbe muste be gathered in August.

❧ Coliandrum.

☞ This herbe is called Coliandrū the vertue of this herbe is this, yf the joyce therof be drunke with hony, it shall slee wormes in a mans body, and hardeth a mans wombe the sede is good to do away the feuers that came .3. dayes, this herbe is hote and dry.

☞ This is Pelliter of Spaine, or longe worte. This herbe hath leaues much like to Pedelion, but they be not so muche slyt without, and it hath a flowre as it were a Parsneb, his vertue is, if he be put into the nosethyrlles of a man, it wyl make him to nese. Also it healeth the scabbe, the morphewe, and tetters. Also it purgeth a man of euyl colors of flewme, and of the Emeraudes, if he be laide to ỹ place that is deseased. Also for the toothache it is good if it be sodden in Ysel and kepe it as hoote as he may suffer in his mouth, and it is good to pourge a mannes stomake and woinbe. Also the powder thereof put in gruel, shal slee wormes, and the ioyce medled with mylke, sleeth flies, it is hote and dry in the third degree, and is a great purgacion.

Elebo-

☞ Elebozus niger.

☞ This is called Pedelyon, his leues be much lyke to longe wozt, but they be not so white, & it hathe a bzode flouer and a blacke coote, his vertue is if it be made in powder it wyll destroy and flee rattes, and this herbe is hote and dzye in the thirde degre.

☞ Endiuia.

☞ This herbe is called Endiue oz southistel, his vertu is if the iopce therof be medled with hote water, and dzonken, it helpeth the stoppinge of the milte, and of the liuer It is good to heale the yelowe euyll, and the feauer tertian. It is good foz hote postumes, and foz to swage greate heates of the lyuer, and of the stomake, and it is colde and moyst.

✣ Eufrasia.

☞ This herbe is called Eufrase, it is good foz eyes, and hath a lyt-

tel

tel ragged leafe lyke tyme.

✲ Eupatica.

✲ This herbe is called lyuerwoꝛt, his vertue is to deſtroy and cleanſe the hardenes of the liuer. Alſo yf it be medled with freſſhe grece it wyl heale woundes, and it is good to heale the feuer quartayne.

¶ Eruca.

¶ This herbe is named Skyꝛwyte, his vertue is, the leaues be good to heale a mans mouth, yf it be holden longe therein. Alſo the ioyce of this herbe ſodden and afterwarde dꝛunken, it deſtroyeth the blacke colour. Alſo this herbe ofte vſed ſtyꝛreth a man to lecherie, and to make water. Alſo the roote ſtamped and medled with oyle and honye, cleanſeth a mans chyne yf it be anoynted therwith. Alſo the ioyce therof dꝛunken deliuereth mẽ, and women of the coughe, foꝛ it is hote and dꝛye in the thyꝛde degre.

Hic

HIC INCIPIT LITTERA. F.

Fabaria maior.

THis is the lesse Brocke-lempe, it hathe leaues in maner longe, and somewhat rounde lyke to Myntes, this is good to laye to a place that is broſed, or to be swellynge, yf it be fried with ſhepes talowe,

Febrifuga.

This is named Fetherfoy, his vertue is to comforte a mans ſtomake it is good to aſwage the eres cotidian, the crampe, and to temper it that commeth of colde ſtomakes. Also it is good to laye to a ſore that is bytten with venemous beaſtes. It wyl heale it ſhortly and it be layde therto. Also yf it be tempered with Aysell it wyl do awaye the Morphewe. Also yf it be stamped

ped and layde to a wounde in the whiche be broken bones, it shall bringe the broken bones togyther and heale them, and the roote therof is good to stoppe the blody menison. And this herbe is hote & dry.

☞ Feniculus

¶ This herbe is called Fenell or Fenkell, the vertue of this herbe is thus, if the sede be dried it is good and comforteth the stomake, it openeth the stopppnge of the raynes of ỹ blader. Also the iuyce is good to do awaye the webbe of the eyes of a man and it be drunken with wyne and water, it is good to do away all maner of venim. Also the iuyce dropped in the eares of a mā it wyll slee wormes in a mans head And also if it be drunkē with wine it wyll put awaye the dropsye and al maner swelling, and kepeth him from casting, and yf it be drunken with wyne, and water, it maketh a

woman

womans mylke to encreale. Also if it be medled with Oyle it is good to hele a mans parde that is swollen. And this herbe is hote and dryy

☞ Feniculus poeticus.

✠ This is called Wormelede. It is good to destroye, wormes in a mannes bodye, this herbe is hoote and dryye.

✠ Fenigretum.

¶ This is called Higreke, this herbe hath a longe talke, and it hath leues like to thre leued grasse and it hath coddes, his vertue is if it be sodden in water it maketh a man laxatyue without any peryll, and it is hoote and dryye in the seconde degre.

¶ Filex.

☞ This herbe is named Ferne, of this be thre spices. The first is called Pompody, the second is called Osmounde, and it groweth in dyches, and Woodes, and it hathe a great

greate roote, as Pynapples, it is good to heale broken bones. The thyrde is Euferne, and it groweth in walles, and Polipodie groweth in Okes, it is good to make a man laxatyue. This that groweth in wodes, it is good to hele the goute and it maketh sinowes stronge.

☞ Filipendula.

❧ This herbe is called Dropwort the vertue of it wyll destroy the euyl windes abouse a mans lyuer, and his milte, and it is good to destroy the stone, it is hote and drye in the seconde degre.

¶ Flamula.

☞ Flamula is called Sperewrte, or Launcell, it is muche lyke to a spere, and in the crop of the stalke commeth manye fayre and small braunches, and it hathe a whyte floue and it groweth in waters, his vertue is yf a manne haue the seuers, and the pounces of him a-

nointed therewith, he shalbe hole and it is good to breake botches, and byles, and it is hote and dryye in the thyrde degre.

☞ Flamula.

❧ This is called the lesse Spere worte, this herbe hath smal leaues lyke grasse, but it is sharpe lyke a spere and it groweth in feldes, his vertue is, yf a heade be cut it wyll heale it anone.

✲ Fragra.

✦ This is called Straubery, the vertue of this herbe is good for blered men. Also it is good to destroy the webbe in a mannes eyes. Also the toyce of it medled with hony, and dronken helpeth the milte.

✲ Fumus terre.

☞ This herbe is called Fumitarie, or earth Gall, his vertue is to comforte a mans stomake. Also it gyueth a man appetite to meate, and it helpeth a man to make wa-

ter,

ter, and it openeth the liuer, and it cleareth a mans blonde. Also if any drinke therof with whey, it destroieth Scabbes, yches, bladders, and eupi humours, it is hote and drye in the first, and seconde degre.

HIC INCIPIT LITTERA. G.

Galanga.

His is named Galingale the vertue of this herbe is thus, it comforteth the stomake, & maketh hym well to digest his meate, and vnbideth and letteth out euil windes of a mans bodye.

Genciana.

This herbe that men do call Felwrote or Baldmony, his vertu is yf it be drunke with water and hony, it helpeth the swellynge in a

mans body, in his stomake, and it is good for venemous beastes, and it delyuereth a woman of a deade childe, it is hote and dry in the seconde degre.

¶ Genestula.

¶ This herbe men do call it Genestre or Brome, ỹ flouers be good in medecynes, and it hath a yelowe flower, his vertue is to knit bones and synowes togither.

✠ Gladiolus.

☞ This herbe is called Gladon, the vertue of it is good to make a man to cast. Also the roote of it is called Accorus, the whiche is a verie specyall medecine to breake the deseases of women.

¶ Granum solis.

☞ This is Gromel or Lyche wal the vertue thereof is good for the stone, and for all euyls in the bladder. This herbe is hote and dry in the seconde degre

Gra-

the seede of Hemlocke medled togither and a candel made thereof, or brent vpon a tyle stone, and let the smoke go vppe into a mannes mouth in especial amonge the teth and it wyll slee wormes. Also the rootes be good for the tothe ache. Also the ioyce therof is good for al woundes. Also it swageth ỹ cough and the hote postume, and the hote Goute. Also the seede of this herbe shulde be gathered in the monethe of August, this herbe is colde and dryye in the thyrde degre.

HIC INCIPIT LITTERA. L.

Labrum veneris.

This is called Sowthistel the vertue of this herbe is thus, yf a man haue a hote feauer, take the ioyce thereof and

and temper it with hote water, and let hi dzynke it, and he shalbe hole. Also yf a man haue venym within him, take this herbe and dzy it and make powder thereof, and do the powder in good wyne and let him dzynke it, and it wyl cast vp al the venim, it is hote and dzy in the seconde degre.

¶ Lactuca.

¶ This herbe is called Lettyse, or sleepe wozte, the vertue of this herbe is thus, yf it be eaten rawe or soden, it engendzeth good blode Also this herbe soden with a lytell Aisel and Saffron, and than dzunken, it helpeth a man that is stopped in the lyuer, and in the mylte. Also yf a man may not slepe, take the seede of this herbe and stampe it to powder, and temper it with womans mylke, and make a playster therof on lynt, and lay it to the tempelles of thy heade, and thou shalte

✠ Lingua canis.

¶ This is called, Houndestonge, it is good to destroye the coughe and the postume, and it wyl sype a boche. Also it draweth thornes out of a mans flesshe, yf it be layde to the prickyng playster wise.

✠ Lingua hircina.

¶ This is called Buckethorne or Swineskere this herbe hath leaues faltered as it were an Hartes horne and groweth creppyng by the grounde, and it hath a lytel white flouer, it groweth in waterie places, it clenseth and comforteth the stomake and healeth the burninge of eye.

✠ Linum.

✠ This is called Flexe, it is good yf a man take the sede thereof and seeth it in water, it maketh a man laxatiue, and it is good to make a plaister therof for akyng sores. Also there is an other spyce thereof

that is called Cuscuta, it is named in Englishe Dodure, and it groweth amonge Flexe, the vertue of this is good to purge a man of the colour. Also yf it be taken & a great quantite thereof sodden with Wyn and Oyle togyther, and a plaister made thereof, it is good for the raines, and for the brest, and for other aking limmes.

✠ Linisticum.

☞ Lowache this herbe is called, his vertue is muche in the sede, the roote therof is good to be drunken with wine to hele a mans stomake and for other euyls within a man and for to make good digestion, it is hote and dry in the .ii. degre.

☞ Liquiritia.

✠ This is called Licorise, the rote of this herbe is swete and it moysteth the kindly hete of a man, and it is good for the coughe. Also yf it be sodden in water, it wyl destroy a

mans

mannes thurst. Also it maketh a mannes breaste, his throte, and his longes, moist and in good temper. this is colde and moyst.

☞ Lollium.

¶ This herbe is called Cockell, this herbe hath vertu yf it be dronken with Raddishe and a lytel salt it is good to hele the Canker, or other woundes in peryll. Also it is good to comfort the stomake, and the lyuer. Also it wyl vnbinde wormes in a mannes stomake. Also it helpeth a man to make water, and it is good for sore eyes. Also some fumigacion therof wyl make a woman to bere her childe without any peryl or harme. Also it wyl aswage the great paines of akinge of the lyuer, it is hote and drye.

✤ Lupinus.

☞ This is called Luppne, this herbe hath leaues lyke to fiue leaued grasse, the Lupine hath fyre

leaues, and it hath a whyte flower, and a whyte seede that is somwhat broder, and it bereth coddes somewhat lyke vnto Beane coddes, the vertue of this herbe is thus, yf a man haue wormes in his wombe, take the seede and make mele therof, and the iuyce of wormewoode and hony, and make a cake thereof and eate it, and it vnbyndeth the stoppinge of the lyuer, and of the mylte. Also it is good to destroye the dropsy. Also take the same mele and the iuyce of Arsmert and make therof paste and lay it to thy eares and it shal kyl the wormes within them, or yf thou make a cake and eate it, it wyll do the same. Also yf thou wyll take the iuyce of Lekes, and temper it with the meale, and put it in thy eares, it shal clense the fro al euil humours, and stinking. Also take the same mele & temper it with oyle, and it wil breke and ripe

all

all maner of postumes, this herbe is hoote and drye.

HIC INCIPIT LITTERA. M.

Maces.

This spice is hote and dry in the seconde degre, Maces be rindes or huskes, it groweth about the Nutmegge as the ryndo groweth aboute the Hasell nutte, it may be kepte tenne yere in his vertu, it is comforting, dissolupnge, and consumpnge, the knowledge of fine maces is thus, it shulde be in coloure lyke to fyne golde, or els like to golde that syluer is gylte with, the whiche hath a sharpe talage, with a bytternes, and it that loketh lyke to earth, is to be refused, for it hath no sharpe sauoure, for a colde stomake, that

may not dekie nor degest well, take Maces and boyle thē in wine. and drinke it. Also a good playster the whiche is best for a feble stomake, make powder of Mastike, and of Maces and medle them with oyle of Roses and Waxe, and make a plaister thereof, and laye it on the stomake of the sicke person. Also to clense the brayne of superfluous humours, take a quantitie of Maces, and chewe them well in thy mouth and holde thē there a while and that shal louse the fumosite of humours ỹ ryse vp to the braines, and pourge the superflupte of it. Also for feblenesse of the stomake, and of the lyuer of a colde cause, and for the colyke, and for the deseases of the spiritual members, or slewme, boyle Maces in the iopce of Fenell, and in the ende of the boylinge, put in a lytel wyne, than straine it and drynke it, for it is the best

best remedy for the forsaid deseases. And for the ache of the herte, vse powder of Maces in thy meates, and drynkes.

¶ Maioran.

☞ This herbe is hote and dry in the seconde degre, the flowers and leaues be vsed in medecynes, it shulde be gathered in somer, whan it flowereth, and dryed it in the shadowe. It may be kepte a peare, it hath vertue of comforting, of lousinge, of consumynge, and of clensing, yf the powder of it be drunke in wine, or els boyle the powder of it in wine, and it wil hete wel a stomake. Also it comforteth the digestion. Also take the leues & flowers of Maioran and powne them a lytel, and make them hote in a panne and lay it to thy greuaunce, and it taketh away the desease in the stomake that commeth of wynde. Also for the rewme in the heade, take

this herbe and binde it warme about thy heade. Also it dryeth the mother, and consumeth the superfluyte of it,

☞ Malua.

☞ This herbe is called Malowe, the vertue of it is good, yt the leaues be stamped and laide to a mans stomake, it wyll breake a hote postume in the beginning, or els medle this herbe with freshe swines grece and lay it on a hote tyle, and lay it al hote to the postume and it shal ripe it and breke it. Also it is good to destroy the hardenes of a mans liuer, and mylte. Also it wyl make a man laxatyue, & it is good for plaisters, it is colde and moyst.

☞ Mastike.

☞ This Gumme is hote and dry in the seconde degre. It is a Gum of a tree growing in a parte of the countre of Grece, in the later ende of VERE, the men of that coun-

tre

tre slytte the trees, and than make the grounde clene about the trees, or some other conynge to kepe the Gumme from the grounde in chosing of it, to knowe whiche is best to take, the best is whyte and clere and that that is medled with earth and sumwhat darke is not so good the best Mastyke, hath vertue of constrainyng, comfortyng, clensing and lousinge of humours, descendynge fro the heade aboue, to the eyes, and to the teeth, and for the desease of the temples made of an ascendinge wynde fro the stomake to the head. Take powder of Mastike, with white lwete wyne, and the whyte of an egge, and medell them well togither, and ye wyll, ye may put in frankencence and plaister it to thy tempels. Also seth Mastike in water and drinke it, and it wyl comfort well the stomake, and make good degestion, and it comforteth

fozteth and relayeth the stomake, and put it to Fenel sede, and it put teth out winde out of the stomake, Also a playster made of Mastyke and Boyle Armaniake, and the white of an egge and bineger, and lay it on the fozke of the stomake, oz bzest, and it wyl constrayne well the colozike vanite. Also seth Mastyke in raine water, and dzynke it with warme water, and this medecyne is good foz the Fluxe of the wombe that commeth of a sharpe laxe that was taken befoze to stop him. Also boile Mastike in rayne water, oz Rose water with two oz thze cloues and dzynke it warme, and that comfozteth the vomite oz Flux of the wombe that commeth of sharpenes and violence of the medecine. Also Mastike must haue but lytel boylynge foz hurtinge of his vertue, and it shulde be giuen warme, foz it constrayneth moze

whan

whan that it is giuen warme, than whan it is ouer much hote.

☞ Menta ryal.

This herbe is called Mynte rial, hys vertu is if it be ofte eaten it wyll slee wormes in a mannes wombe. Also if a mã haue botches or other renninges, or swellinge in his head, take this herbe & stampe it and lay it to the sore and it wyll heale it. Also if a mans toth or the flesshe of the toth ake or stinke, take this herbe and seeth it in whyte wyne, and in Aysell, and take the licoure and washe his mouth therwith, than take the powder of the herbe and rubbe wel his teeth therwith, and he shal haue a swete smelinge mouthe. Also take thou this herbe and Aysell and make sauce, and it wyll make the to haue a talent to thy meate. Also when there shalbe gyuen any medecine to destroye venim, it wyll be good to be

giuen

giuen with the toyce of this herbe, for it hath many vertues & namelye for venim, there be many spices therof and it is hote and dry in the seconde degre.

✠ Menta romana.

This is named white Mynte, the vertue therof is, the toyce wyll slee wormes in a mans wombe, Also the toyce wyll slee wormes in the nosthyrlles of a man. Also the powder thereof cast in a mans meate, it shal make hi wel to defy his meate

✠ Menta rubea.

This is named the red Mynte, it is hote and dry in the seconde degre, and there be two other myntes, but I meane house Myntes, the whiche properlye is saide, garden Myntes, for that most comonly is in medecines both grene and drye, for greate hollsomnes, it shulde be dryed in a shadowe place, and so it wyl be kepte a yere in great vertue

to

to dissolue or louse, to consume of his proper qualite. and to comfort of his swete sauoure, for the stinking of the mouth and filth in the gummes and of the teth, washe thy mouth and gummes wt vineger that Myntes be soden in and after rub them with the powder of Myntes, or with dry Myntes to prouoke the appetide whan an impediment of the stomake that commethe of cold humours being in the mouth of the stomake, make a salue of Myntes and vineger with a lytell Sinamon and Peper, and vse it well against vomites that cometh of febleneſſe of the stomake or of colde causes. Seeth Myntes in Sauge water and vyneger, and lay it on the mouth of the stamake with the Myntes that be sodden therein. Also giue to the pacient to eate of the same Myntes, for the syncopyn and febleneſſe in feuers,

and

and without feuers, or of medecine or of what cause it be, stampe Mintes with vineger and a lytel wine, if the pacient be without feuer, and yf he be with feuer, stampe Mintes with vyneger alone, than make a tost of sower breade and tost it wel tyl it be almost drē, than put it in that licoure and let it lye therin tyl it be wel soked, than put it into his nose and rubbe his lyppes, gums, teeth, and temples therewith and bynde it to the pulse vaine of his armes, and let the pacient eate the moystnes that is left, and swalowe it in. For to clense the mother, take the tender croppes of Myntes and seeth them in water or wyne, and playster it to the share, and to the raynes, against the congeling in a womannes breast, take the small stalkes of Myntes, and seeth them in wine and oyle and playster it about the tetes. Also be it knowen

that

that whan any medecine shulde be giuen against venim, it shulde be giuē with the ioyce of Myntes, for Myntes haue a maner of strength of drawynge oute of venym, for els it shuld be with wine that Myntes hath be sodden in, for stopping of the splenne and the lyuer and of the wates of the bryn of a colde humour and of a hote without feuer. Take the ioyce of Mintes alone, or Myntes soden in wine or the ioyce of Myntes medled with hony, and giue it to the patient. To slee wormes in the bellye, take the ioyce of Myntes and drynke it, and thou shalte be hoole. Also the ioyce of Myntes sleth wormes in thy eares For a tetter take the ioyce of Myntes and put thereto brymstone and vineger and medle them wel togither and annoynt the Tetter therwith, and thou shalte be hole. For a wounde in the head stampe Myntes

tes and lay thē on the wounde.&c. For paine in the side, take Wintes and seeth them in olde wine or ale, and with it stampe, xviii. graynes of peper and drinke it in the night, there is but lytel differēce betwene this Wynte, and the Romayne Wynte, this is the garden Wynte.

✲ Mercurialis.

This is called Mercurye, his vertue is good yf a man haue a-kynge in his wombe, giue hym to drinke the ioyce and he shalbe hole it wyl clense the stomake, and the sede wyl do the same. Also the ioyce tempered with white wine, is good to hele sore eyes, and yf a worme or other venim haue bytten a manne, take the ioyce and warme it and washe it. Also if there be any wormes croppen into a mans eares, take the ioyce and warme it, and put it into the eares, and he shalbe hole, this herbe is hote and moiste.

Mile-

✠ Milefolium

Milefolye the lesse, this herbe is called, There is no dyfference of kinde nor vertue betwene Millefolye the lesse, and Millefolye the more saue the more groweth in gardens and the lesse in wylde places, they be both of one strength, his vertue shalbe declared in Mylfoyle the more folowynge by letter.

✠ Milefolium maior.

This herbe is called Milfoyle the great or Yarowe. King Achilles founde this herbe, and with it he healed his men that were wounded with yron, for woundes stampe this herbe with swynes grece, and playster it to the wounde & it shall heale it, and the same is good for an ache in the breaste or syde, it is good for them that may not pysse, take the iuyce of this herbe and vynegar and drinke it, and meruelously it helpeth a wounde, that hath

taken colde. Stampe this herbe in butter and laye it to the wounde and it wyll hele it well, Also to digest the stomake or that lyeth therin, take the toppe of it and medle it with water and honye, and drynke it warme. Also for deseases in the bodye, take the powder and medle it with wine or with good ale, and drynke it and it helpeth much. Also it is good for herte brennynge. Also for the head ache stampe this herbe and playster it to the heade. Also for biting of a woode dogge, stape this herbe with the graynes of wheate and it healeth it. Also for him that may not holde his meate, stampe this herbe with wyne and drynke it warme.

✣ Morella.

¶ This herbe is called petty Morell or nyghte shade, this herbe is colde and dry in the seconde degre, the leaues, the braunches, and the frute,

frupte thereof be ryght good, and beste whan they be grene, they be good for stoppinge of the Splen, and the liuer, and best for the Jandesse to drinke the iuyce of it with a litel Rabarbe. Also for a postume in the stomake, in the bowels or in the luer, seth the iuyce therof with barly water, and drynke it.

✻ Motherwort or Mugwort.

☞ This herbe in latyne is called Artemesia, and it is hote and dry in the seconde degree, this herbe helpeth a woman to conceyue a childe and clenseth the mother, and maketh a woman to haue her flowers and it destroyeth the Emeraudes on this maner. Firste they must be gathered, then take powder of Motherwort, and of Horehounde togyther, and strawe it on the paps. Also if a childe be dead in the mothers wombe, take Motherwort and stampe it smalle, and make a

playster thereof and laye it to her woombe al cold, and with the grace of God she shall haue deliuerance without peryll, it is good for the stone and the grauel in the raynes of a man or of a woman, if a man bere this herbe vpō him, there shal no venemous beast greue hym. It is good for the yelowe landes and if it be dronken with wine, for it cō forteth the stomake & maketh a mā or woman to haue good coloure.

HIC INCIPIT LITTERA. N.

Napus.

THIS is named Nauewe, it destroyethe grounde that is fatye, and sandy, it growethe beast in suche grounde. The property of the Nauewes is, he changeth and turneth into

into rape, and after that it turneth into Nauewe. The best do growe in grounde well donged and turned. Also it proueth well in places that stubble of Corne hath benne in the same yere. If they growe to thicke plucke some vp here and there, so that the other may proue the better and those that ye plucke vppe, set them in voide places. They shulde be sowen in the ende of Julye, and in August, the best sauoured Nauewes be they that be longe and streyght, and not ouer greate nor braunches in the rootes, but a streyght roote. Also of Nauewes may be made a passing good meat with a lytell salte and vineger, honye and mustarde, and with sweete spices, and it may be made without spices, Nauewes be hote in the second degre, and they norishe much but they be hard of degestion, they make the flesshe softe and wyndye,

but lesse winde than rapes, Therefore whan ye seeth them in water, caste that water awaye, and seeth them in an other water, and so his harde substaunce is tempered by that, and so menelye betwene good and euyl, they gender nozychynge, for they that be thus wel sodden be not harde of digestion, they make one wyndye, and they make stopping of vaines and of poores, but yet they be profitable if they be sodden twise, and bothe the waters to be cast awaye, and they to be soden with the thyrde, with fatte flesshe.

☞ Nux muscata.

☞ Nutmegge is hote and drye in the seconde degre, the best groweth in Inde, and in the tyme of his rypyng it is gathered, and seuen yere it may be kept, they that be playne and heuy after their kinde, be best to be chosen. Also whan they be broke they fal not to powder, but they

haue

haue a swete and sharpe sauoure, if they lacke any of these aforesaid they be not good for medecines, he hath vertue of comfortinge by his swete sauoure, for coldnes and feblenes of digestion of the stomake take in the morning halfe a Nutmege or a hole Nutmege and eate it. Also for a colde stomake that is feble of digestion, and for the liuer giue him wine that the Nutmeges is boyled in. Also for the same boile Nutmeges and Mastike in wyne and drinke it, this is good for the deseases in the stomake and in the bowelles to breake winde. Also in the recouering of a sickenes to cõfort the spirituall members, boyle Nutmeges and Mastyke in wyne and drinkeit. Also take a Nutmege and smell to it, and it wyl comforte the spirituall members.

☞ Nenufar.

☞ Nenufar is a water Lylye, and

growethe in waters, and hath a white flower, the leafe therof lyeth alwayes aboue the water. It is colde and moyst of operacion and a verye profitable herbe to make lyropes and drinkes for al maner of hote Agues and Feuers that commeth of great heate of the lyuer. Also the flowers of this herbe stryped a night in water, and the water drunke in the morynge and the flowers put into the nosethyrlles, taketh awaye all the peyne in the head engendred of heate.

☞ Nigella.

Nigella is called Cockell. Also a plaister of the meale therof with the ioyce of Wormewode and laid to the nauyl sleeth Wormes in the wombe and specially in chyldren. Also the seede steped all nyghte in white wine, and the wine drunke in the morning, heleth the strangury, dyssury, and Ylyacke passhyon.

Nux

☞ Nux communis.

¶ The Walnut eaten with Rewe is good agaynſt all venim, and yf it be ſtamped with Salte and an Oynō, it is a good plaiſter for the bitinge of a madde dogge.

☞ HIC INCIPIT LITTERA. O.

¶ Olibanum.

OLIBANVM, is called Frankenſence, this is hote and dryc in the ſeconde degre, it is a Gumme of a tree in Inde, the cleereſt is the beſt. Alſo there be trees of that kind growing in Damaſke but not clere nor good, for it is darker of coloure, therefore it is to be refuſed in medycine, it hath vertue of comforting by his ſwete ſauour Alſo of cloſyng and conſtraynynge

for

for the tothe ache that commeth of superfluyte of humours of the head, and specially by the vaynes, make a plaister of powder of frankensence with wyne and the whyte of an egge medled them togyther, and playster them about the temples. Also to stoppe the wayes of the vaynes aboue, take Frankensece and chewe it wel in thy mouth and that shall stoppe and lette the flux of humours coming downe to the nosethyrles. Take pylles of Frankensence and swalowe them downe in the mornyng, than boyle Frankensence in wine, and at euen drynke that whan thou goest to bedde. Also these pylles be good to helpe the digestion of the stomake and good against sore balkynges: Also to the comfortynge and clensinge of the matrype, and helpinge of conception in the receiuing the fume of Frankensence bineth. Also

boyle

boyle powder of it in wine & whan it is metely warme dip a clothe in and lay it so warme to the share of the pacient, and greatly it comforteth the Watryx.

¶ Oliandrum.

Oliandrum, is an herbe called Oliandre, the leaues thereof are like to Laurell but they be longer, this herbe sodden in water helpeth againste scalded legges, yf they be well bathed therin.

¶ Oleum oliuarum.

Oyle of Olive is very profitable for one that is bytten with a mad dogge, yf the wounde be rubbed therwith, with a newe clothe tyll it blede.

¶ Ordeum.

Ordeum is Barlye, the vertue therof is if it be boyled with Licorise in water, it helpeth the Feuer, and impostumes in the breast and shorte rybbes. Also the meale ther-

of

of mixed with egges and vineger, and playster wyse layde to an impostume, it letteth the impostume to growe or go any further. Also a plaister made of the meale thereof, mixed with Turpentine, hony, and Lylly rottes, softeneth and ripeth impostumes.

HIC INCIPIT LITTERA. P.

Papauer.

THis is called Popie, it is cold and dry. There is two kindes of them. The whyte Poppe is colde and moist, and it is good to cause one to sleepe. The seede thereof well gathered may be kepte ten yere, it hath vertu of clen singe. It is put in medecines with a determinacion as the sede may be receiued of white Popy or blacke.

For

For to prouoke a slepe, make a plaister of eche of them, or one of them with womans milke, and the whyte of an egge and lay it to the tẽples. The women of Salerne gaue to theyr chyldren the Poppye but they wolde giue them no blacke Poppye for it made them to much heuy. Also for a hote postume in the beginning, and for chafing of the lyuer, take the seede of white Poppy or els the herbe of it and stampe it and medle it with Oyle of Roses, and plaister it to the greuance. Also for dyynes in feuer ettike and in other feuers, take and hete Oyle of violets medled with powder of Poppy seede, and anoynte the small of the backe therwith.

✠ Parataria.

☞ This herbe is called Peritory, and it is hote and dyre, the vertue of this herbe is thus. If a manne haue an euyl stomake, or els akyng

within

within hym, take this herbe and seth it in thy potage and eate therof and thou shalte do well. Also this herbe is good to heale one of the stoone yf he be bathed with it, and also drinke with pollet ale.

☞ Pastinaca.

This is called a Persneppe, it is hote and moist in the seconde degre. There be two maner of Persneppes, the one is the Persnepe of the garden, and the other is the wilde Persneppe, the garden Persneppe is vsed more in meate than in medecine, hys vertu is to engender thicke blonde and much, whertore it styreth the lust of the body yf it be much vsed, therefore it is good for a man that is newely recouered out of his great sickenes to vse to eate it a while. Also they be good to be eaten rawe or soden, for the melancolye humours, grene and dry. To make a cirope to stirre the lust

of the body, and for to comfort the digestion, take rootes of Persneps and seeth them wel in water, than take them out and caste awaye the water, & the rootes that be in gobbettes boile them againe in water, than put therto hony wel clarified and let them boile vnto the thickenes of hony and continually stirre it, that it cleue not to the vessel and in the midle of the boyling, put in Almondes if ye haue them, in the ende of the boyling, put in ginger, Galingale, and a lytell Peper, and Nutmeges, and other swete sauoured spyces. Also Persneppes may be sowen in December, Januarye, and Marche in fat grounde deepe doluen and lose grounde and best digged, and they be somwhat windye. Boile them in two waters, but cast away the first water. Also there is Persneppes that is somewhat redde, the which may be eaten both

rawe and sodden, and with them and Nauewes togyther ye maye make a very good meate, and faire and redde in coloure the whiche be sodden as Persneppes be.

¶ Piper.

✠ This is called Peper, it is hote and dry in the thirde degre. There is thre maner of Pepers. Blacke, white, and longe. Diascorides, and Constātine saith that they be frutes of trees growynge in Inde, and some saye ỹ Peper is made blacke with brennuth in the fyre, for whan it is gathered there be a great multitude of Serpentes about it, and therefore they put it in the fyre to bren the Serpentes that be about it, the Sarasyns dry it in an ouen, bycause it shall not encrease in an other lande. But of al the Pepers the blacke is the best, and the most holsome. Take Peper and put it in to the nosethyrls, and it wyl make

the

the to nese, and seth Peper and figges in wyne, and dryncke it and it wyll clense the spirituall members of toughe humours and it is good for the pose that is taken of colde. Also for the same eate powder of Peper with figges. Also powder of Peper put in a mans meate comforthe the digestyon of the stomake. Also put longe Peper in a rosted apple and eate it, and it shal comforte the digestion. Also powder of Peper wyl kreat away dead flesshe, or proude flesshe, and longe Peper comforteth more thã blacke Also blacke Peper hath vertue of lousinge, comfortinge, and of drawing, it clenseth the spiritual members of olde slewine and vycyous humours, and best whan the powder of it is eaten with figges, for it hath great strengthe of hetynge and comforting the stomake prouoking appetite, but to Sangupne

and Colopyke persones, it is not good to vse Peper, for it dryeth and brenneth blode, and it engendreth leper, and other cupl sickues. Plato sayth that Peper is foule to see in syghte, without blacke and within with a sharpe sauour and a sweete Odoure, lytell in quantitye and muche in vertue.

☞ Petrocilinum.

☞ This is called Persly, this is hote and moyste in the seconde degree. It multiplieth greatly mans bloude and doth away the Tisike, it helpeth wel to destroy the Feuer tertian, it is good for the syde and the dropsye, it comforteth the herte and the stomake, and it is good in potage and to stoppe Chickens.

☞ Peucedanum vel Feniculus porcinus.

☞ This herbe is called Maith or Hogges Fenell, this herbe is hote and dry in the seconde degre, whan

this

thy herbe with vineger and drinke it. Also it healeth woundes, and clenseth the fylth out of woundes. Also it swageth rankeling & staunche the the memcpons bothe with drinke and with playsters made with powder of Armoniake and of Sandragowne and Barly medled with the white of egges made in a plaister and layde to the sooze, for the Canker and the payne in the gummes, take the toyce therof and medle it with honye and vyneger and powder of Allume, and that shall slee the Canker in the mouth. Also for the Feuers stampe, thre rootes of Plantayne, and temper it with water, and gyue hym to drinke that hath the feuers and he shalbe hole, for the Jandes stampe Plantayne and Lettyse togyther, and temper them with vineger and make a plaister therof and lay it to thy right side, and vse it tyll thou

be

behole, and it is good for the bytyng of an Adder, drynke the iuyce of it and lay the substaunce of the herbe to the soze, for the same hãge the roote of Plantaine aboute the necke of the pacient, and meruelously it helpeth, for the Gout and for the desease in the synowes, stãpe the leaues of it with a lytell salte, and plaister it wel therto, and meruelously it helpeth.

¶ Polipodium.

This is called Pollypodye, it is hote and drye in the seconde degre. This Polypody is a Fearne that groweth vppon Okes or on walles or stones, but the Polipody that groweth on okes is the beast. Gather the rootes of it and laye it a daye in the Sonne, chose that is greene, and that whiche appere dry whan it is broken, it is to be refused, he hath vertue of dissoluinge, of drawinge, of purginge flewme,

and

and specially melancoly, wherefore commonely he is put in boylynge to flumatike & melancolyous hole men, to preserue theyr health, and knowe well that in the boylinge of Polipodye shulde be put in some thing to exclude and put out ventosite, as Anyse sede, Fenell sede, or Comin, or els all these aforesaid sedes togither, for they exclude out muche wynde and vnbinde the humours. Also for the Cotidian and for Iliake passyon, and to kepe a mans health do thus, stampe halfe an vnce of Polypodie, or an vnce yf ye wyl haue it muche laxatyue than boile it with Prunes, and violets in Fenell water or Anyse, in a great quantite, than straine it and giue it the pacient at morning and euening. Also stampe it and seth it in water with Fenel sede and with water, and make a brothe with a Chicken therein, with swete sauou-

red

red spices, and giue the paciente to eate. Also make a drinke therof after this maner, stampe it and boile it in wine, and after put more wine therto and so make vp your drinke with swete sauoured spices.

☞ Porrum.

☞ This is called a lyke, it is hote and dry in the .ii. degre, it desyreth louse grounde and fat & well dunged, in that they shall beste profite in hote places & temperate. They may be sowen in December in temperate places & colde. They maye be sowen in January, Febuary, & Marche whan the grounde is wel dygged and dyghte, and it may be sowen by it selfe or medled with other sedes of herbes, in good fatte grounde well dygged and turned aboue it with good dōge, this sede wolde be sowen somewhat thycke, and whan they be somwhat sprōge take vppe the greatest Lekes and

plante

plante them in fozowes, but take
waye none of theyz rootes whan
ye set thē in the fozowes, but whan
ye set them with a dyble, than caste
waye the rootes almoſt vp to the
eke head, and cut away the vpper-
moſt of the leues, they may be plan
ed in Julye, Auguſt, September,
and October, they be muche pzofi-
able in Marche, and in Apzyl next
folowinge, but in your plantynge
you ſhall not ſeke after fatte ſofte
zrounde, foz menely grounde that
s almoſt dzye is beſt, there is two
maner of ſetting of Lekes, one is
n fozowes, as is the maner in Bo-
nony & the one fozowe muſt be fro
he other a ſpan large, and the Le-
kes muſte be ſet in the fozowe. fiue
ingers bzede, eche fro other, and
whan ye make the next fozowe, caſt
he earth on the Lekes and treade
t downe ſoftlye with thy fote. The
econde maner is thus, whan the
grounde

grounde is well dygged and ra-
ked, than make holes with a great
dyble and euery hole from other a
large span and moze, in whiche the
Lekes muste be sette, but fyll not
thy hooles noz put earth on them,
but let them be voyde thze wekes,
whan wedes growe amonge them
pull them vp and kepe them clene
fro wedes. Dyuers auctours saye
that the Lekes that be thus plan-
ted be better thã any other, oz they
may be well planted among great
onyons, and whan the onyons be
taken awaye, wede the Lekes and
you shal fynde thẽ faire and good,
and whan ye plucke vp leaue some
in a place, and leaue some foz sede
the whiche sede may be kepte thze
yeare and it be hanged vppe in the
huiles, lekes be best sodden, oz thze
tymes washed befoze they be eaten
Foz a wounde take lekes & stampe
them well with hony and laye it to
the

the wounde and it wyll heale it, for the coughe take the ioyce of Lekes vse to dryncke it, for the same take the ioyce of Lekes & medle it with womans mylke and vse to dryncke it, and it wyll clense the longes of all vyces.

Fracturas solidat duritiasque relaxat.

Vulnusque appositum: ceto cum sale cla[illegible]it.

Piretrum.

This is called Pelleter, it is hote and dry in the seconde degre. the roote is vsed in medecines, fiue yere he may be kepte in is vertue, and knowe ye well that his sharpnes is not knowen, it shuld be powned and holden in the mouthe. He hath vertue of lousinge, and drawing, and of consuming. To make a gargarysme, take Pelleter and figges and boyle them in vineger, or swete wine, and it wyll clense the

braine

vraine of superfluite of flewme. Also yf it be chewed in the mouthe it healpeth the palsye in the tongue. Also for the palsye and the Goute, stampe it and seeth it in wyne and oyle and plaister it to the greuāce, this plaister helpeth muche, therefore if thou may haue grene Pelytor stampe it and lay it sokynge in wine fyftene dayes, and after boile it well and put thereto waxe and oyle, for this is the best oyntmente for all the forsayd deseases.

¶ Pruna.

☞ Plummes be colde and moyst, some be white some be blacke, and some be red. They that be blacke and somewhat harde be the beste, they be called Damsons, and whan they be rype gather them and slyt them and sprynge vineger vppon them, and so they may be kepte in a vessell of woode a yere, and fyrste whan they be cut they must be laid

in

in the Sonne fiftene dayes to dry, these Dasons haue vertu of coldenes and clensynge of the inwarde partes, wherefore they be good in Feuers that be sharpe and for costiuenes of the bellye that cometh of drynes or of Colorike humours dryenge, yf they be newe giue hym them to eate, yf they be drye boyle them in water and giue the pacient to drinke thereof, this is good for the Feuer tertian, for stoppinge of the lyuer, for the Jandes, & sharpe Feuers, it softeth the bellye, it is good for defaute of appetite, and for many other deseases.

☞ Pulegium.

☞ This is named Pulioll royal, it is hote and dry in the second degree. In the tyme of flowrynge it shulde be gathered, and it may be kepte in his vertue a yere, whan it shalbe vsed in medecines, take the leaues with the flowers and stripe

them fro the stalke, and it hath ver tue of losing and consuminge, for colde humours in the heade, take powder of it and heate it well in a skyllet, and all hote binde it to the greuaunce without any lycoure. Also for a great colde taken in the heade, and for a toughe humour or a watery humour, make a garga-rysme, seth Polypall royall and dry figges in a tarte vineger, and take a good sponfull thereof as hote as ye may suffer it, and holde it in thy mouth tyll it be almost colde, than put it out and take asmuch more, and do so thre or foure tymes, and that shall purge thy heade well of flewme. Also seeth it in wine and drinke it, and it is good for the de-sease i the stomake and guttes, and for colde causes, for the wynde in the stomake. Also it is good for toughe flewme in the brest, yf thou take pouder of it and medle it with

clarified

clarified hony, and make a lectua-
rie therof, and vse to eate therof, or
take the herbe thereof and boyle it
with wine, hony, or water, and vse
to drinke therof. Also for the blacke
coloure, drynke the ioyce of it or
boyle it with wine and thou shalte
be hole. Also for an ytchinge byle,
lay this herbe in water and vse to
wasshe the ytchinge therin warme
and thou shalte be hole. Also for
ache take this herbe all grene and
stampe it and plaister it to the ache
and it wyll ease it. Also against the
coughe boyle this herbe in wyne,
and drinke it luke warme and this
wyl make one to pysse wel. For the
desease in the bellye, stampe this
herbe with Comin and water, and
laye it hote to the nauel and lyght-
ly it shalbe hole, for the deseases in
the liuer stampe this herbe and tē-
per it with water and vineger, and
drinke the ioyce thereof, and thou

shalbe hole. For an ache in the legges or armes, take the leues of Elders. and Pultoll ropall of euery lyke much, and stampe them togyther wel and playster it to the greuaunce, and it is good for the Feuer tertian, yf thou take the braunches of this herbe and wrappe it in a good locke of wol, and giue it to the pacient and let him smell therto, before the Feuer come to hym, and that shall do him great ease. For the heade ache take this herbe and binde it fast rounde about thy head and anone it sealeth the ache. Also yf a womanne haue a deade chylde in her wombe, stampe this herbe and gyue her to drynke with olde wyne, and she shalbe delyuered of it by the grace of God. For the Crampe drynke the iuyce with vineger fastynge, and it wyll put it awaye.

Hic

HIC INCIPIT LITTERA. Q.

Quinque folium.

Quynckefolye is colde and dry in the seconde degree, thys herbe is good for ache in a mans limmes, and for ache in the head, mouthe, tonge and throte that be sore, take and seth thys herbe in wyne and gyue the pacyente to drinke therof thre daies fyste and laste and he shalbe hole. Also stãpe it and drinke the ioyce of it in ale, and it wyll ceasse the akynge and gnawinge of a maune or woman. Also if a man blede sore at the nose giue him to drinke the ioyce of it with wine, and anoynte his heade well with the ioyce of this herbe, and anone the bloude shal stanche. For to flee a Canker, seth it in wine and the grece of a swyne and make

a playster therof and laye it on the Canker and it shal se it. Also take powder of quinkefoli and medle it with hony, and therwith rubbe thy mouth, tongue, and throte, and the chekes within and it wyll purge it wel. Also for poyson and biting of a serpent, take the ioyce of quinkefolye and drynke it with wine and meruelously it resisteth venim.

HIC INCIPIT LITTERA. R.

Redde nettels.

THIS herbe is good for hym that hath the foundament cõming forth, and for the Piles and Emeraudes, take Redde Nettels and stampe them smalle and seeth them in an erthen pot with a porcion of white wine tyll halfe be wasted, and giue

the

the pacient to drinke first and laste warme, and laye the herbes to the foundamente as hote as the pacyent may suffer it, and vse this medecine tyll it be hole.

☞ Rybworte.

☞ Rybworte is good for the feuer quartayne, take the toyse of this herbe and drynke it two houres before ye thinke the desease shal come to you and by the grace of God it shall go from you.

☞ Rosa rubea.

☞ This is the redde Rose, it is colde in the fyrst degre, and dry in the seconde degre. Dype Roses and grene Roses be vsed in medecines, and of grene Roses be made many confections. Also dry Roses be put in medecines, whan a receite of roses is made, for they be sone made in powder, of Roses is made Pet-roset, Suger roset, sirop of Roses, a lectuary of Roses, water of roses,

and oyle of Roses, Melrosette is made thus, take faire purified hony and newe redde roses, the white endes of them clypped away, than chop them smal and put them into the hony and boile them menely to gither, to knowe whan it is boyled ynoughe, ye shall knowe it by the swete odour and the colour redde. Fiue yeres he may be kepte in his vertue, by the Roses he hath vertue of comfortinge, and by the hony he hath vertue of clensynge. In Wynter and in Somer it may be giuen competently to feble, sycke, flumatike, melancoly, and colorike people. Also Mulsa is made of water and Melroset, and it may be gyuen after the thyrde day that it commeth oute of the boylynge for to clense the stomake of colde humour, giue him Melroset with water that Fenel sede is boyled in putting therein thre graynes of salte,

yf

yf the sycke may take it this shuld be the quantite of Roses and hony In seuen pounde of Honye put a pounde of Roses. Suger roset is made thus. Take newe gathered Roses and stampe them ryght smal w̄ suger than put it in a glasse and xxx. dayes let it stande in the sonne and stirre it wel and medle it wel to gither, and so it may be kepte thre peres in his vertue. The quantyte of Suger & Roses shulde be thus, in.iiii.pound of Suger a pounde of Roses, he hath vertue of cōstraynynge and comfortynge of the flux in the wombe. Take Suger roset and powder of Mastyke of euerye one a dram, and medle them wel to gether and gyue it to the sycke, after that gyue hym rose water that Mastyke and cloues be sodden in. Sprope of Roses is made thus some do take roses dyght, as it is before sayd and boyle them in wa-

ter, and in the water strayned they put Suger and make a strope ther of. and some do make it better for they put roses in a vessell hauyng a straycht mouthe, and they put to the Roses hote water and they let it stande a day and a night, and of that water putting to it Suger they do make stroppe, and some do put more of Roses in the forsayd vessell and more of hote water, and let it stande as is before saide and so they make a red water and make therof a strop. And some do stampe newe Roses, and then strayne out the ioyce of it and suger therewith they make stroppe: and this is the best making of stroppe and knowe ye well that stroppe made of freshe and newe Roses, firste somewhat meanely they laye, in the ende they binde, but stroppe made of dry Roses fyrst and last they binde. Syroppe of Roses hath vertue of com

forting

fortyng, and constraining against the fluxe of the wombe and the vomite, giue it to him with raine water or with Rose water in a Feuer. After letting of bloude, giue it him with colde water. Also the same for the Sincopine. Oyle of Roses is made thus, some boyle Roses in Oyle and kepe it. Some do fyll a glasse with Roses and Oyle, and they boyle it in a Caudron full of water, and this oyle is good, some stampe freshe Roses with oyle, and they put it in a vessel of glasse, and set it in the Sōne. iiii. dayes, & this Oyle is good against chafynge of the lyuer, yf it be anointed therewith. Also it is good for the desease in the heade that commeth of hete, anoynte the forheade and the temples with Oyle of Roses. The water of Roses hath vertue of comforting and constraininge against the flux of the wombe and vomite.

Also

Also gyue hym Rose water boyled with Mastyke & cloues, it is beste agaynste the fluxe and feblenes of bertue, if it come of a fluxe by a sharpe medecyne. Also Rose water is good for the Syncoppne & the Cardyacle gyue it hym to dzynke and spzinge the water on his face and the water is good for eies and in ointmētes for the face, for it taketh away the wēmes & the superfluyte & straineth the skin. Also dzy roses put to the nose to smel do cōforte the bzaine and the herte and quencheth the spzite. Also againste the fluxe of the wombe of coloure gyue him Roses boiled in rayne water. Also a playster made of roses & the whyte of an egge and vyneger and dyp a sponge in it and lay it on the mouth of the stomake againste the sincoppne, gyue hym to dzynke water that Roses haue ben boyled in, & gyue him pouder

of

HIC INCIPIT LITTERA. S.

Saluia.

Sage is hoote in the firſt degre, and dryye in the ſeconde degre, the leaues onelye be taken in medecynes both grene and dry, he may be kept a yere, there be two maner of Sages, the garden and the wylde ſage If thou wyl haue Sage in for medecines take the leaues of garden sage, for that conſumeth more and cõforteth more than the other doth For the Paiſye ſeeth the leaues of Sage in wine and vſe to drinke it. For the ſame ſeth the leues in wine and plaiſter to the greuance. Alſo it is good to put in ſauce for the ſtranguri, the flux, and the matrice it cleanſeth, ſeth the leaues in water and let the pacient ſyt ouer it, and

receyue the hote fume of it and it shall do him much good, Also it is good for veni or poison, seth Sage in Ale or wine and vse to drinke it thre dayes and thou shalte be hole by the grace of God. For the stomake, drynke the ioyce of Sage with water & honye, and it is good to clese a mans body to vse it both ripe and grene, it wil make a mans body cleane, therefore who that vseth to eate of this herbe or drinke it, it is merueyle that any inconuenience shulde greue them that vse it. If ye haue an ytchynge on you washe it wel with the ioyce of this herbe and it shall slee ytching. Also drynke Sage with wine and a lytel wormewode, and it shall cease the ach vnder the sides, the wombe and the stomake, it is good for the palsy and dropsye.

☞ Saturegia

☞ This is called Sauerye, it is hote

hote and dȝe in the thyȝde degre, ſeth it in wine oȝ water and dȝinke it, and it purgeth the raines, the bladder, the menſtruoſite in the bowelles, it purgeth the longes, and loſeth greate humours, and compelleth and putteth him out by the mouth by ſpitting, therefoȝe he is bȝennynge and ſtirreth him that bſeth it to lechery, therfoȝe it is foȝbyden to bſe it muche in meates. Soke it in vineger, oȝ wyne and dȝinke it and it ſhal make the haue a meke ſtomake. Alſo whan it flowreth it ſhuld be gathered and dȝied and pouder made therof. Alſo take the powder of Sauerye and boyle it with clarykyed honye and bſe to eate therof, oȝ boyle it in wyne and dȝinke it, and it wyll louſe toughe flume in the bȝeſt. Alſo foȝ fretinge in thy belly dȝinke powder of it in warme wine and thou ſhalbe hole. Alſo yf ye take the leſſe Sauery it

hath the same vertue and strength that the other Sauery haue. Also make grewell with water and flower and powder of Sauerye, and eate therof and that shal clense all the spirytuall members of a man.

☞ Sauayne,

☞ This is hote and dry in the seconde degre, it is good to slee wormes in the wombe, and to bryngе them out yf it be sodden in wyne, and giuen to the pacient to drynke It is good with butter or Grece to make an oyntmente for the scabbe that renneth to heale it, and drye it vp, and it is good for the head ach yf it be stamped and tẽpered with vineger and make a plaister therof and laye it to the temples, and vpon the molde of thy heade.

☞ Saxifragia.

☞ This is hote and dry in the. iii. degre, for the stone seth the roote of it in wyne and drynke it. Also it is

good

good for the desease of the Colyke and the straungury, and the pouder of it be eaten with an egge, it is good for the same. It may be kept in his vertue thre yere.

☞ Scabiosa.

☞ This is called Scabious, it is hote & dry in the .iii. degre, to dry it there is no profit i it, for scabs take ꝑ toyce of it, vineger, & oyle & boile thē togither tyl they waxe thicke, & kepe it for it is good for Scabbes. For the Emeraudes seth them in water, than sit ouer it and take the fume of it and vse it and thou shal be hole, stāpe it and seth it in wine and the drynke is good to destroy humours in the stomake, & drinke it euery day fasting with Euphrase and thou shalte be hole, and thou shalt neuer haue the pestilence bre ding within the while thou do vse it. For the Lyuer stampe it and seth it in wyne and drinke it.

☞ Scamony.

Scamony is hote and dyze in the thyzde degre, the leaues onely be beast in medecines, it maye be kepte a yeare in his vertue oz two foz nede. Foz the desease in the stomake boile the leues of it in wine & dzinke it. Also the afozesaid dzinke is good foz the bely, & foz the straungury and fluxe. Also a stewe made with boiling of it in water, oz wine is good foz the fozsaid desease, yf it be boiled in Oyle and plaister it to the fozesaid desease foz it is better.

ℂ Sene.

Sene is hote and dzy in the seconde degree, it groweth in the other side the sea, and most aboute Babilon: the beast be the flowers and the bzanches of it. It is good foz many deseases, as the fallinge euyl, foz the Sinacop, foz the splen foz the Emeraudes, & foz the quartaine, siroppe made of it boiled in

water

water and Suger is good for all the a forsaid. Siroppe made with the iuyce of Borage is good for the forsaid. Also Diascorides commaundeth to make Ermel of the forsaid with boiling of vineger and hony and it wyl be good for the forsaid, and this herbe may be kept.x.yere.

☞ Sengrene.

☞ This is colde and moyst in the thyrde degre, the iuyce of thys herbe and also the same herbe is right necessarye for many deseases, stampe this herbe with Grece and plaister it to the desease and mermelously it helpeth. For desease and darkenes of eyes, stampe this herbe and put of the iuyce in the sore eyes. For chafinge of the iuer take the iuyce of it and vineger and dippe a cloth therin, and plaister it to the greuaunce. For bitting or scalding make an oyntment of the iuyce of this herbe and Oyle of Roses and

☞ Scamony,

Scamony is hote and drye in the thyrde degre, the leaues onely be beast in medecines, it maye be kepte a yeare in his vertue or two for nede. For the desease in the stomake boile the leues of it in wine & drinke it. Also the aforesaid drinke is good for the bely, & for the strangury and fluxe. Also a stewe made with boiling of it in water, or wine is good for the forsaid desease, yf it be boiled in Oyle and plaister it to the foresaid desease for it is better.

¶ Sene.

Sene is hote and dry in the seconde degree, it groweth in the other side the sea, and most aboute Babilon: the beast be the flowers and the branches of it. It is good for many deseases, as the fallinge euyl, for the Sinacop, for the splen for the Emeraudes, & for the quartaine, siroppe made of it boiled in

water

water and Suger is good for all the a forsaid. Siroppe made with the iuyce of Borage is good for the forsaid. Also Diascorides commaundeth to make Ermel of the forsaid with boiling of vineger and hony and it wyl be good for the forsaid, and this herbe may be kept.x.yere.

☞ Sengrene.

☞ This is colde and moyst in the thyrde degre, the iuyce of thys herbe and also the same herbe is right necessarye for many deseases, stampe this herbe with Grece and plaister it to the desease and mermelously it helpeth. For desease and darkenes of eyes, stampe this herbe and put of the iuyce in the sore eyes. For chafinge of the iuer take the iuyce of it and vineger and dippe a cloth therin, and plaister it to the greuaunce. For bitting or scalding make an oyntment of the iuyce of this herbe and Oyle of Roses and

waxe, but lay it not to tyl after the thre first daies, but first anointe it with grece and such other. Also for a desease of a hote cause this herbe is good to be layde therto.

¶ Selondine,

This is hoote and drye in the second degre, and Galien saith that it is good for soore eyes, take the ioyce of Selondine and boile them wel togither in a panne and whan it is colde anoynt the eyes therewith. Take Selondine and wring oute the ioyce and meddle it with white wine, and anoynt thy visage therwith and it shall do away frekels of the visage, the ioyce of Selondyne and Gotes donge medled togither small in a morter, than yf thou laye it to a Canker in a womans pappe it shall sle the Canker Also take the ioyce of Selondine and powder of brimstone and medle them well togither and it wyll

helpe

helpe to do awaye the Worfewe. And seth the roote in wine, & whan the pot is taken downe lette hym holde his mouth open ouer it that the breeth may go into his bodye, and that shall ſe the Canker in the mouthe, it is good for hi that hath dronken venim with his owne stale and that wyll saue him.

✠ Sinapium.

Sinapium is called mustarde it is hote and dre in the medle of the thyrde degre, and not the herbe but the seede is put in medecines. Fiue yeare he may be kepte in his vertue. He hath vertue of lousing, of drawing, of making thin, and of consuming. For the Palsye of the tongue, take and chewe the sede in your mouth and holde it vnder the tongue, and it shall do you good. Also for the Palsye in other members seth the sede in wine and laye it to the sore place, and it is best in

the

the beginninge of the desease. Also take the powder of it, and put it into youre nosethyrlles and it wyll make you to nese and it clenseth the brayne, and superfluyte of flewme. Also seth it in wine and figges and holde it warme in your mouth tyll it be almost cold than take asmuch more and do so fiue or sixe tymes a day, asmuch an other day and this is good for an olde pose of toughe and flumy humours in the heade. Also for stopping of the splen and the lyuer, seeth the seede in water, with rootes of Fenell than straine it and put therto hony and gyue it to the sicke to drynke. For hardnes of the splen seth the herbe of it in wine and plaister it to the greuāce, for to rype and breake a postume, stampe this herbe well with hogs grece and lay it to the postume. Also for the Strangury take the sede of this and seth it in oyle and wine

and

and plaister it to the greuance and it wyl louse it. Also for the Ciatica and for other olde sores take Mustarde seede and the thyrde parte of cromes of white bread and figges hony and vineger after as the ache of the sore requireth, the more of the figges and the honye, that is ther the more sharper is ȳ strength of the sede, and the more bread and vineger that is in it, the more weiker is the sede, but I saye not that ye shall put this confection to all sores, but to great and olde sores. His vertu is yf he be eaten it sharpeth a mans wyt, it clenseth the belye, it breketh the stone, it purgeth the vryne menstrosite, and comforteth the stomake.

¶ Sothernwode.

THIS herbe is good for the coughe, and for biting in the belly, and in the brest and for the desease in the bones, and good for them that

that may not well pysse, take the sede of this herbe and stãpe it and drynke it with water, & it is good for all the aforesaide. Also for the deseases in the syde, stampe this herbe with Betayne and drynke it and it helpeth well. Also for the biting of a Serpent and for venim, stãpe this herbe and drynke it with wyne and it is good. Also for the cold Feuer stampe this herbe with wyne and drynke it, and thou shalt be hole.

¶ Sticheworte.

This is called Stycheworte, or Brostonge, this is hoote and moyst in the fyrst degre, the vertue of this herbe is, it is good to heale woundes and sore eyes.

¶ Smalage.

Take Smalage seede, Rewe sede, Peper and salte, and grynde them well togither and temper thẽ with wyne and drynke it, for it is

good

good for colde and cupll humours in the stomake and comforteth the stomake, the lyuer and the longes, it is good for woundes. For ranke linges, and to cease the brennynge, and akinge, and to brynge them to their kinde againe. Also it is good to drinke for the Feuer tertian.

HIC INCIPIT LITTERA. T.

Taplus barbassus.

THys is called Molen, it is colde and drye. If it is good for the Emeraudes, and it be sodden in wine, and scommed clene. Also it is good to washe the greuaunce therwith, it is good also for the flure, in the bellye.

Towne cresses.

This herbe is hote and drye in the seconde degre, the sede wyl endure

dure good kyue yere. It is good to
staunche the flure and the mencion
yf thou take the seede and bruse it
in a morter of brasse and gyue the
sicke to drinke therof thre dayes e-
uery daye a penye weight at ones
with red wine warmed and in those
thre daies he shalbe staunched, or
els he shall dye of that euyll, it is
good for the palsy, and for the male
sake, take the sede and seth it with
wine and do it in a poket and bind
it to the syde there as the greuance
is. Also it is good for him that mai
not wel pisse, take the sede and seth
it in wine and Oyle olyue and bind
it to thy share. It is good for a
mans fundament that goeth out,
yf it be take of colde than it must
be put in agayne, and strawe the
powder on the fundement, thy ra-
nes with hony, and than strawe the
powder aboue with the powder
of Comin, or powder of Calatine,
for

for all these be kyndelye for it. Also take the stalkes of Towne cresses, and bren them and there shall no venemous beaste, ne worme abyde the sauoure nor smel therof, but he shall dye or flee awaye.

HIC INCIPIT LITTERA. V.

Uerueua.

Erueine is hote and dry in the second degree. It is good agaynste all maner of euylles of venim, yf the patyent drynke it tempered with wine, and stampe the herbe and lay on euery maner of biting of venemous beast, and it wyll drawe out the venym and saue the sore. who that vseth it, it wil make him good breath, and do awaye stynke of the

mouth. Also who that hath the feuer tertian take thre rootes & .iii. crops of the same herbe, & stampe them and temper them with fayre clene water and giue it to the pacient to drinke. Also who that hath the feuer quartaine let hym take ỹ same drinke. Also it is good for the stomake, the liuer and longes. Also take Veruaine, Betaine, and Saxifrage, and of euerye of them lyke much and stampe them with wyne tempered, and this is good for thē that hath the stone. Also they that bere Veruaine vppon them, they shall haue loue of great maysters & they shal graunt him his asking if his asking be good and rightful

☞ Viola.

☞ Violet is colde in the firste degre, and moiste in the .ii. For blaste in the eyes, take the rootes of Violets, and stampe them with Hir & Saffron, and at night lay it to the

soze eyes. Also soz a wounde in the head stampe the leaues of Violets with honye and vineger and playster it to the wounde and it shall heale it. And soz them that may not slepe soz sycknesse, seth this herbe in water and at euen let hym soke well his feete in the water to the ancles, whan he goeth to bed binde of thy herbe to his temples and he shal slepe wel by the grace of God. Take Violets, Mirre, & Saffron, and make a plaister and lay to the soze eyes that be swollen, & it shall cease aking and bate the swelling.

☞ Uua suauis.

☞ This is called the swete Raysen, it is hote and moist it hath vertue of clensinge, scouringe oz smothinge. Raysens eaten oz boiled in wine is good soz the colde coughe, seth them in wine and they be good to playster on the colde postume, and good soz a colde stomake.

HIC INCIPIT LITTERA. W.

watercresses.

Watercresses be hot and drye in the seconde degree, seeth them in water by them selfe, and drynke it, or seeth it in flesshe, and suppe of the brothe and it wyl clense wel the inwarde membres. Also it is good agaynste the strangulion, and the flux of ȳ same.

Wilde nep or wodbinde.

This herbe beareth a flower lyke to the Hoppe, and after the flower he beareth a grene bery, and it hath a great roote, the vertue of the herbe is most in the roote, it is good for sinowes that be shronken or cutte to make them sople and to haue theyr owne course in theyr proper kynde. Go to the roote of wilde Neppe that is lyke wodbinde and make

make a hole in the myddes of the roote, than couer it wel against that no ayre go out, nor that no rayne go in nor water, nor erthe, nor the Sonne come not to muche to it, let it stande so a nyght and a day, than after that, go to it and thou shalte fynde therein a certayne lycoure, take out that lycoure with a spoune and put it into a clene glas and do so euery day as longe as thou findest ought in the hole and this must be done in the moneth of Apryl, or Maye, than anoynt the sore therewith agaynst the fyre, than wete a lynnen clothe in the same lycoure and lappe it about the sore and it shalbe hole in shorte space on warantyse by the grace of God. For the Goute a soueraigne medecyne. Take the roote of wylde Neppe. and the roote of the wylde Docke, soden by it selfe and cutte them in thine peces and pare a way the vt-

ter rynde and cutte them in quar-
ters. than boyle them in cleane wa-
ter two or thre houres, thā stampe
them in a morter as small as can
be, then put thereto a quantite of
soute of a chymney, and temper
them with the milke of a cowe that
the heare is of one coloure, than
take the pysse of a man that is fa-
stinge and make a playster thereof
and boyle it togyther and as hote
as ye may suffer, laye to the gre-
uaunce a daye and a nyght, and so
do nyne tymes and it shal heale the
on warantyse by the grace of God.

¶ Wormewode.

☞ This is hote and dry in the se-
conde degree, it is good for Wor-
mes in the wombe yf it be stamped
and the toyce wronge out and min
gled with swete mylke and gyue to
the pacient to drinke, and seth this
herbe

herbe in wyne and make a plaister to the wombe, Make pouder of Wormewode, Centorye, Bettayne of eche lyke muche by weyght, and medle all well togyther, and the pouder wyll slee wormes in the wombe bothe whan it is eaten in potage and dronken. Also for the mylte that is swollen of a colde matter, seeth it in wyne and lette the syke drynke thereof and that shall heale hym, and make a playster of the substaunce of the herbe, and laye it all hote to thy wombe agaynst the greuance. Also stampe Wormewode, and temper it with vyneger, and with rosted sower breade grounde therwith and with the toyce of Myntes, and the toyce of Plantaine, of eche lyke muche, and trye them well togyther, than make a playster, and laye it to the mouthe of the stomake and thys

shall

shall stunche breakynge or castynge. For Wormes in a manneg eares, be it Serpent or Erewyke, take the toyce of Wormewode and put it in the eare. Also for the Dropsye seeth it in wyne and gyue the sycke to drynke at the morynge and euenynge, and it shall helpe hym.

FINIS.

¶ Here begynneth the table of this boke.

Abrotanum.
Absinthyum.
Acus mustela.
Affodyllus.
Agnus castus.
Agrimonia.
Allium.
Altea.
Alleluia.
Amariscus.
Ameos.
Anisum.
Anetum.
Anabula.
Apium.
Apium emo.
Apium ranarũ.
Arthemisia.
Aristologia lon
Aristologia ro.
Asterion.
Atriplex domest.
Auentia.
Auricula muris.

B.

Balsamita.
Betonica.
Beta.
Borrago.
Borrago siluest.
Bugla.
Burneta.
Bursa pastoris.

C.

Camomilla.
Calamentum.
Capillus vene.
Canabaria.
Caprifolium.
Cardiaca.
Camelon.
Carui.

Cētauria maior.
Centauria mi.
Celidonia.
Centinodia.
Cepe.
Cerifolium.
Ciminum.
Cicuta.
Consolida ma.
Consolida med.
Consolida mi.
Columbina.
Coliandrum.
Costus.
Crassula maior.
Crassula minor.

D.

Daucus asini.
Diptanum.
Dens leonis.
Daucus criti.
Dragantia ma.
Dragantia fe.

E.

Ebulus.
Edera.
Edera terrestris
Enula cāpana.
Elleborus alb.
Elleborus niger
Endiuia.
Eufrasia.
Eupatica.
Eruca.

F.

Fabaria maior.
Febryfuga.
Feniculus.
Feniculus poet.
Fenigrecum.
Filex.
Filipendula.
Flamula.
Flamenula.
Fragra.
Fumus terre.

G.

Galanga.

Gentiana.
Genestula.
Gladiolus.
Granum solis.
Granũ so. agre.
H.
Hastula regia.
Herba cruciata.
Herba chyristoforo
ri masculi.
Herba chyristoforo.
Herba Roberti.
Herba Johānis
I.
Iarus.
Iasia nigra.
Ipia maioz.
Ireos.
Iris.
Isopus.
Iulquianus.
L.
Labzum vene.
Lactuca.
Lactuca silnest.
Lactuca lepo.
Lapatium ru.
Lappa.
Lauendula.
Lauriola.
Ligustrum.
Lilium.
Lingua cerni.
Lingua bouis.
Lingua serpentis maioz.
Lingua serpentis minoz.
Lingua canis.
Lingua hircina
Linum.
Leuisticum.
Liquiricia.
Lollium.
Lupinus.
M.
Maces.
Maiorana.

Malua.
Mastiche.
Menta ropall.
Menta romana
Menta rubea.
Mercurialis.
Millefolium.
Millefolii ma.
Mozella.
Motherwozt oz
mugmozte.

N.

Napus
Nux muscata.
Nenufar.
Nigella.
Nux communis

O.

Olibanum.
Oliandzum.
Olium oliuarũ.
Ozdeum.

P.

Papauer.
Parataria.
Pastinaca.
Piper.
Petrocilinum.
Peucedanum.
Peonia.
Pimpernell
Plantago.
Polipodium
Pozrum.
Pirretrum.
Pzuna.
Pulegium.

Q.

Quinque folii.

R.

Redde nettell.
Ribwozte.
Rosa rubea.
Rosemary.
Ruta.

S.

Saluia.
Saturegia

Saualne.
Saxifragia.
Scabiosa.
Scamoni.
Sene.
Sengrene.
Selondyne.
Sinapium.
Sothernewode.
Stychewoxte.
Smalage.

T.

Tapsus barbas.
Towne cresses.

V.

Veruena.
Viola.
Vua suauis.

W.

Water cresses.
wylde neppe.
wormewode.

FINIS.

IMPRYNTED AT LONDON IN FLETE-
strete at the signe of the George nexte to Saynte Dunstones Churche by Wyllyam Powell.
In the yeare of our Lorde M. D. L. the twelfe day of Marche.